



# Go SOBER<sup>®</sup> FOR OCTOBER

## HOW TO GET INVOLVED

Simply head to [www.GoSober.org.uk](http://www.GoSober.org.uk) and sign up to the challenge of a month off the booze.



**BE A SOBERHERO!**  
**GO SOBER FOR OCTOBER**  
**TO SUPPORT PEOPLE**  
**AFFECTED BY CANCER.**

**SIGN UP TODAY**  
or donate at:

*Create your own profile page,  
set up or join a team with friends,  
family and work colleagues.*

## SPREAD THE WORD

*Let everyone know you're going sober  
for October! Direct them to your unique  
profile page where they can make a  
donation and leave a message of support.*

# GO SOBER.ORG.UK